



# Tasty Towels

## Applique Towel Toppers

Embroidery Club  
Feature Collection

15  
Designs  
F70451

## Tasty Towels

Instructions to create Tasty Towels

### Items you will need:

- Fibrous water soluble stabilizer
- Iron on adhesive – Lightweight (ex: Heat-n-Bond)
- Kitchen towel (We recommend pre-washing and drying a 100% cotton towel)
- Fabric scraps for the applique(s). (Some designs contain more than one appliqué area).
- 4" X 7" piece of fabric for the towel strap
- Hook and Loop tape (ex: Velcro)
- Tape (ex: Scotch)
- Design of your choice
- Spray Adhesive

**IMPORTANT:** Be sure to sew the majority of the design onto the towel with only a tip of the design standing above the towel. This will increase the stability of the design and towel.

1. Select design for the towel topper.
2. Wind the bobbin(s) with coordinating thread to match your kitchen towel
3. MAKE TOWEL STRAP. To make the towel strap; fold in the sides of the 4" x 7" piece of fabric one inch, so the outside edges meet in the center, then fold again, so the folded edges are together. Stitch 1/8" from the outside edge. Set strap aside to attach to the towel later.
4. Using iron-on adhesive, adhere 2 pieces of appliqué fabric back-to-back for each appliqué area in the design. (Note: Applique fabric should be cut 1" wider than the size of the design being used.) Set appliqué pieces aside to be attached later.

5. For towel-topper placement, fold towel in 1/2 lengthwise with the back of the towel together. Mark the center at the towel's folded edge. Mark 1 1/2" down from your center mark and tape one end of the strap to hold in place at this mark. See Picture #1

(HINT: For a longer towel, instead of folding 1/2 lengthwise, only fold 1/3 or 1/4 of the towel to the back) See Picture #3

6. Hoop two pieces of the fibrous water-soluble stabilizer. Lightly spray the fibrous water-soluble stabilizer with spray adhesive. Place the towel right-side up with the folded edge to the top, with a 1/4 of the stabilizer showing above the folded edge. Secure the folded edge with tape to prevent the presser foot from catching the folded edge while embroidering. See Picture #2.

Note: The design will embroider in the middle of your hoop. For best results, make sure the majority of the design sews onto the towel and not above it.

7. Embroider the design, following the color-run information. After each Outline stitch, place your appliqué fabric over the outline, tape into place, and proceed to the tackdown stitch. After each tackdown stitch, trim appliqué fabric close to the tackdown stitches and continue embroidering the design.
8. After the design has been completely embroidered, remove from the hoop.
9. Trim the water-soluble stabilizer close to design.
10. Rinse the water-soluble stabilizer away or use a q-tip to wet the outside edge of the embroidery to remove the water-soluble stabilizer.
11. Lay flat to dry.
12. Stitch a 1" X 1/2" piece of Hook and Loop tape to the end of the strap (you may want to first fold end in slightly, so edge does not fray). Stitch the other piece of the Hook and Loop tape on the towel.

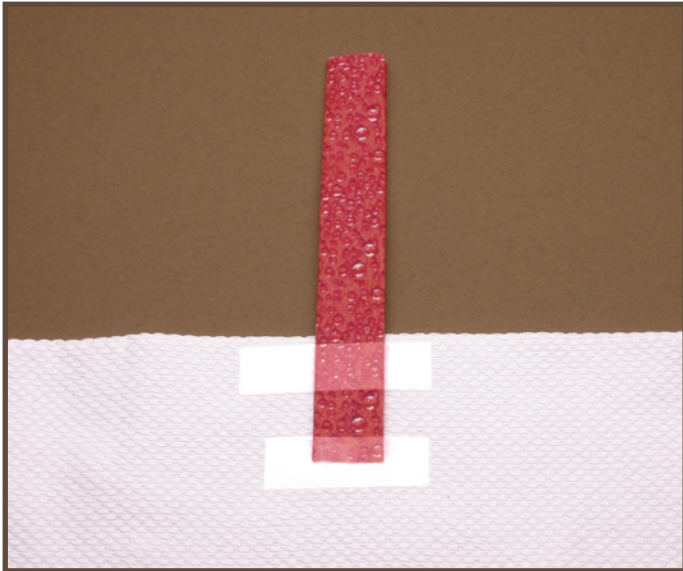


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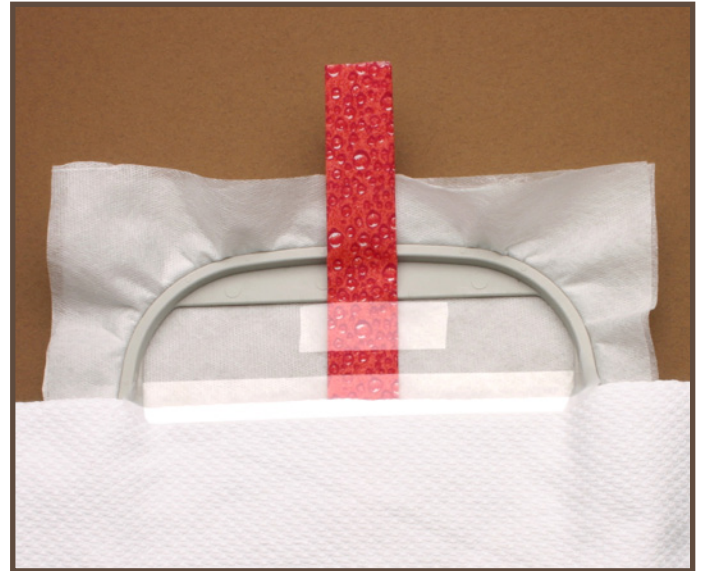
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Picture #1



Picture #2



Example:  
Back of towel shown folded in thirds



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